



GREEN HEART RANGER DIY WORM FARM



WHAT YOU'LL NEED

- 2 x matching recycled polystyrene boxes with lids on
- Screwdriver
- Scissors
- 10cm piece of hose or pipe
- Small container for worm leachate
- Shade cloth or flyscreen offcuts to cover the base of one box
- Aged compost or manure
- Sheets of newspaper or a piece of hessian
- Shredded newspaper
- 500-1000 compost worms from your local nursery

Instructions

STEP 1

Pick up 2 x matching polystyrene boxes with lids on from your local greengrocer.

STEP 2

Punch a hole with a screwdriver on the side of the first box as close to the base as possible (Make sure you put all the loose pieces of polystyrene in the bin).

STEP 3

Feed a small piece (approximately 10cm) of hose or pipe through the hole to collect the worm leachate in a small bucket.

STEP 4

Punch 3-4 holes in the base of the second box and the lid of the first box at the same time so they align.





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STEP 5

Line the base of second box with shade cloth or fly screen offcuts, to stop the worms falling through the holes.

STEP 6

Add aged compost or manure and shredded newspaper into the second box and mix together (the box should be about ¼ full).

STEP 7

Lightly dampen the contents.

STEP 8

Place the worms on top of the layer of compost, manure and shredded newspaper.

STEP 9

Cover the worms with some sheets of newspaper or a piece of hessian to keep them cool and moist and pop the lid back on.

STEP 10

Pop the worm box on top of the first box and place the worm farm out of direct sunlight.

Top Tips:

- Let them settle into their new home and wait a few days before feeding them some kitchen scraps.
- Blend up food scraps so that they are easier for your worms to digest. Worms don't have teeth, so they can consume a lot more if their food is blended up for them.
- Not all food scraps are good for worms. Try to only feed them fruits, vegetables, coffee grounds and tea bags, egg shells and shredded paper. Avoid citrus fruits, onions, garlic, meat, dairy products, pasta, cereals and shiny, coated paper.

